





## **E-WISEE LAB**

Name of activity	A tale in two Words
Description of activity	"A Tale in Two Words" is a collaborative storytelling exercise that fosters creativity and teamwork. Participants form small groups and contribute two unrelated words each, which serve as the foundation for a spontaneous fairy tale. As the narrative progresses, each member continues the story based on one of the words provided, culminating in a unique and imaginative tale. The activity encourages open discussion and reflection, offering the opportunity for connections to personal experiences and broader themes.
Who are the participants?	This activity is foreseen to strengthen Youth Workers, skills such as self-awareness; sense of cooperation within the group; active listening; effective communication; creativity and imagination
Identification of the aims of the activity	To develop YWs' self-awareness and focus on teamwork. To develop active listening and effective communication through the cultivation of creativity.
Number of participants	12-16
Duration	1 hour
Materials for the activity	Pen and Paper
Identification of the competencies	Self-awareness; Sense of cooperation within the group; Active Listening; Effective communication; Creativity and Imagination
Activity Steps	Stage 1 (5'): The facilitator fives the following instructions "I suggest we make up stories We will be divided into subgroups of 4 people. In each group, each person will say two unrelated words. After everyone has said them, the first person starts making up a fairy tale using their first word, saying whatever comes to mind spontaneously.  Once it "sticks" the second person will pick up where the first
	person left off, using their own first word. The other two will do the same. When all four have spoken, they continue with their second word. The other groups listen. Using the same process, each group will make up their own story. Let's divide into subgroups."
	Stage 2 (30'):

"Which subgroup would you like to start?" Stage 3 (25'): "Now that we have heard all the tales, let's reflect and discuss." During the conversation, the tales could be linked to the personal experiences of the group. This activity can be related to a specific topic. This content is released under a Creative Commons Attribution 4.0 **Disclaimer** International License. You are free to: - Share: copy and redistribute the material in any medium or format. - Adapt: remix, transform, and build upon the material for any commercial purpose. The licensor cannot revoke these freedoms if you follow the license terms. Under the following terms: **Attribution** — You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so reasonably, but not in any way that suggests the licensor endorses you or your use. **Share Alike** — If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original. https://creativecommons.org/licenses/by/4.0/

Source: Archontaki Z. & Filippou D., 205 experiential exercises for animation of psychotherapy groups, social work, training. (2010). Athens: Kastanioti









