



E-WISEE LAB

Name of activity	AGREE OR DISAGREE
Description of activity	On one side of the room, there is a sign "agree" and on the other side "disagree". The facilitator reads a statement (abortion should be illegal; the government should provide free birth control; men and women should be allowed to compete against each other in the Olympics etc.). Participants choose their position on the scale according to how much they agree or disagree with the statement. Participants start to discuss their opinions and can change their positions based on the discussion. This activity can be triggering, so leave time for reflection. Ensure a safe and respectful setting. It is okay to stay neutral.
Who are the participants?	This activity is foreseen to strengthen Youth Workers, skills such as active listening, empathy, effective communication, and emotional communication.
Identification of the aims of the activity	Discuss controversial issues in the group and encourage deeper conversations. Trying to put oneself in the other person's shoes, trying to understand and respect the opinions of other participants, even if they differ from one's own. Communicate your own opinions effectively.
Number of participants	No limit
Duration	40 minutes
Materials for the activity	Two signs (Agree and Disagree). Create an appendix with statements about affectivity and sexuality.
Identification of the competencies	Awareness, empathy, effective communication
Suggestions for the post-activation debriefing	Open a discussion on the activity using the following prompts: How many times did you change your position? How did you feel when others had different opinions?
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