



**EWISSEE**  
EUROPE WORKING FOR INCLUSIVE SEX AND EMOTIONAL EDUCATION



Co-funded by  
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## E-WISEE LAB

<b>Name of activity</b>	<b>DRAW YOUR MIND</b>
<b>Description of activity</b>	<p>The activity consists of 5 rounds. Each round is characterized by a specific topic from the Bio-PsychoSocial Model. These 5 topics are chosen by the YWs who have to know about the topics. The topics could be: • Racism • Bullying • Sexual abuse • Sexual Identity • and so on.</p> <p>Each participant gets a sheet of paper and colourful markers and/or pens on which he/she has to represent in the way they better want (drawing, writing a word, etc.) the first association that comes to their mind about the topic. During the explanation part, the YWs have to underline that the participant can even leave the paper blank in case they don't have any association regarding the given topic. Each participant has 2 minutes to complete the task Practical activity and after that, each of them has shown their paper to the others. If some of the participants want to share why they've represented the topic in a specific manner, they are very welcome to do so because it will allow them to talk about the topic and discuss further about ideas, stereotypes, or anything else is the participant's minds. The YWs will be able to see the participant's ideas/insight about the given topic based on either their paintings or blank papers if there are any.</p>
<b>Who are the participants?</b>	This material is meant for youth workers in their work with young people (12 - 18 years old ) using non-formal education methodologies.
<b>Identification of the aims of the activity</b>	The main goal of the activity is to both allow the facilitator to understand how much participants know about given social phenomena and to allow the participants to raise awareness/learn about these social problems.
<b>Number of participants</b>	A range between 15-25 participants to not go over the set time.
<b>Duration</b>	Around 60 mins in total, divided as 10 mins for explaining the whole activity + 2 mins of preparation (giving participants the materials); 2 mins to complete the task; and 5 mins of discussion per each of the 5 rounds.
<b>Materials for the activity</b>	Paper sheets, markers, pens.
<b>Suggestions for the post-activation debriefing</b>	YWs will give the participants a brief explanation of what the phenomena are, and which are the best behaviors to adopt in those situations. Open comments and discussion can be used to reflect on the content that emerged.
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