E-WISEE LAB

Name of activity	**Exploring Diversity in Sexual Education Through Interactive Online Platforms**
Description of activity	The Exploring Diversity in Sexual Education activity leverages interactive online platforms to engage youth workers in discussions about diverse identities and orientations within sexual education. By utilizing a user-friendly web page, participants can visualize scenarios and engage in collaborative discussions that foster inclusivity and empathy. This activity promotes a dynamic learning experience that aligns with the goals of the E-WISEE project.
Who are the participants?	This activity is foreseen to strengthen Youth Workers, skills such as Awareness of Diversity, Inclusive Communication
Identification of the aims of the activity	To equip youth workers with the skills to facilitate inclusive and interactive sexual education discussions. To encourage empathy and understanding when addressing diverse identities and orientations in sexual education. To familiarize participants with the use of digital tools for engaging discussions.
Number of participants	10-20
Duration	Online Session: 1.5 hours
Materials for the activity	Computers or laptops with internet access. Access to an interactive web page or app (MURAL) for visualizing scenarios and discussions.
Identification of the competencies	1) Awareness of Diversity: Participants will gain insights into diverse identities and orientations within the context of sexual education. 2) Inclusive Communication: Participants will practice creating an inclusive dialogue space through virtual tools. 3) Empathetic Approach: Participants will develop empathy towards individuals with varied experiences and backgrounds. 4) Digital Engagement: Participants will enhance their ability to use interactive online platforms for meaningful discussions.
Activity Steps with MURAL	Online Session: 1. Welcome and Introduction with MURAL (15 minutes): Welcome participants and introduce the session's focus on diversity in sexual education. Briefly explain the use of MURAL for visualization and collaboration.

	2. Scenarios Exploration in MURAL (30 minutes): Share a link to the MURAL workspace where scenarios are visually displayed on virtual sticky notes. Participants individually explore the MURAL board, reading and reflecting on the scenarios. **3. Small Group Discussions and MURAL Collaboration (30 minutes):** Divide participants into breakout rooms for small group discussions. Assign each group a scenario to discuss using MURAL. In MURAL, participants can place virtual sticky notes to capture key discussion points and insights. **4. Group Sharing and Feedback in MURAL (20 minutes):** Reconvene in the main session and share insights from the small group discussions. Participants can visually represent their discussion points on the MURAL board using sticky notes. **5. Reflection and MURAL Feedback (15 minutes):** Facilitate a group reflection on the experience of using MURAL for collaborative discussions. Participants can post final reflections on the MURAL board about the value of digital tools in fostering inclusivity and empathy.
Online Scenarios	**Scenario 1: Understanding Gender Identities** You are a youth worker facilitating a sexual education workshop for a group of young adults. Among the participants is Alex, who identifies as non-binary. During a discussion on gender and sexuality, one participant makes a comment that seems dismissive of non-binary identities. Alex appears uncomfortable. Discussion Points: ● How would you address the comment while maintaining a respectful and inclusive environment? ● What strategies could you use to educate the participants about non-binary identities and the importance of using inclusive language? ● How can you facilitate a conversation that promotes empathy and understanding among participants with different viewpoints? ● What role does active listening play in this situation, and how can it contribute to fostering a positive atmosphere? **Scenario 2: LGBTQIA+ Relationships** As a youth worker, you are organizing a virtual seminar on healthy relationships. One of the topics is LGBTQIA+ relationships. Discussion Points: ● How can you ensure that the discussion is respectful and inclusive of all sexual orientations and gender identities

within the LGBTQIA+ community?
- What strategies can you employ to address potential misconceptions or biases that participants might hold regarding LGBTQIA+ relationships?
- How might you encourage participants to share their insights and experiences related to LGBTQIA+ relationships in a non-judgmental environment?
- What resources or tools can you provide to participants to further their understanding of diverse LGBTQIA+ relationships?

Scenario 3: Cultural Sensitivity in Sexual Education
You are leading a sexual education workshop for a diverse group of teenagers, including participants from various cultural backgrounds. During a discussion on cultural influences on sexuality, one participant expresses a belief that contradicts another participant's cultural perspective.

Discussion Points:
- How can you facilitate a constructive dialogue between participants with differing cultural viewpoints while maintaining a respectful atmosphere?
- What strategies can you use to validate both perspectives while promoting critical thinking and cultural sensitivity?
- How might you draw parallels between different cultural beliefs and practices to emphasize shared human experiences while discussing sexuality?
- How can you guide participants in exploring the importance of respecting diverse cultural perspectives while addressing universal sexual education topics?

Post-Activity Debriefing	Online Action Plan (15 minutes): • Participants outline how they intend to incorporate inclusive approaches and digital tools in their future sexual education initiatives. • Facilitators provide closing remarks and encourage participants to explore more interactive platforms for youth engagement.
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