



## E-WISEE LAB

<b>Name of activity</b>	<b>ISEX – Integral Sexual Education and Empowerment in Schools</b>
<b>Description of good practice</b>	<p>ISEX project brings the issue of sexual education high on the agenda not only of educational institutions but also of teachers and parents, to tackle stereotypes and change long-lasting mentalities. ISEX's main goal is to build the capacities of teachers and provide them with useful tools promoting sexual education, while directly involving members of the following target groups: secondary school children, parents and grandparents and their children, and professionals involved in sexual education. Objectives</p> <ul style="list-style-type: none"> <li>- Supporting safe, productive, fulfilling life for young people, ultimately contributing to preventing sexually transmitted infections, unintended pregnancies, gender-based violence and gender inequality thanks to Sex Education.</li> <li>- Promoting dialogue about relationships, sex and sexuality among different generations within the family as an unexplored setting to support healthy relations.</li> <li>- Providing middle and secondary school teachers with comprehensive and youth-appealing tools to support teaching about relationships, sex and sexuality at school, with a focus on strengthening young people's socio-emotional skills.</li> <li>- Empowering young people aged 11-18 to make responsible choices and gain holistic knowledge on relationships and sexuality in a participatory and multimedia manner.</li> <li>- Raising awareness about the importance of comprehensive sex education from an early age.</li> </ul>
<b>Target group involved</b>	Secondary school children, parents and grandparents and their children, and professionals involved in sexual education.
<b>The context in which it was tested</b>	Transnational project
<b>Methodologies used</b>	"Sex-Ed across cultures" is a teaching curriculum offering training tools for the promotion of comprehensive sexual education with young people, while fostering their empowerment processes related to intimacy and sexuality.
<b>Links to videos or toolkits related to good practice</b>	<a href="https://isex-project.eu/about/">https://isex-project.eu/about/</a>
<b>Year of realisation</b>	2020-2023
<b>Disclaimer</b>	This content is released under a Creative Commons Attribution 4.0

International License. You are free to:

- Share: copy and redistribute the material in any medium or format.
- Adapt: remix, transform, and build upon the material for any commercial purpose. The licensor cannot revoke these freedoms if you follow the license terms.

Under the following terms:

**Attribution** — You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so reasonably, but not in any way that suggests the licensor endorses you or your use.

**Share Alike** — If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original.

<https://creativecommons.org/licenses/by/4.0/>