



E-WISEE LAB

Name of activity	Identity Tower
<p>Description of activity</p>	<p>Give each participant a set of six coloured Lego bricks. Explain that we all have an identity. Our identities are what make us who we are, are special and should be celebrated.</p> <p>Write out the parts of identity that will be included in this activity on the large sheet of paper/whiteboard/ chalkboard:</p> <ul style="list-style-type: none"> – Name / Nickname – Gender – Race/Culture – Hobbies – Values (an important idea that you hold in your heart: e.g. kindness, joy, love, etc.) – Family <p>Ask participants to use the six bricks as a tool to build a tower representing themselves.</p> <p>Ask the participants to assign parts of their identity to the bricks they feel represent each colour.</p> <p>Inform participants that they can build their tower any way they want to. They will use the tower to represent parts of their identity.</p> <p>Participants will assign the colours to what they associate with the above aspects of identities and explain why.</p> <ul style="list-style-type: none"> – Be sure to explain that there are many more identities than our list of 6. <p>Encourage participants to build their towers, and then to share what their tower means to their partner or small group.</p> <p>Source: https://www.glsen.org/lego-six-bricks</p>
<p>Who are the participants?</p>	<p>This material is meant for youth workers in their work with young people (12 - 18 years old) using non-formal education methodologies.</p>
<p>Identification of the aims of the activity</p>	<p>This activity will encourage students to reflect on their own identity in a supportive and affirming environment. Learning Outcomes: - Practice choosing words, adjectives and identity terms that describe them; -Learn the importance of respecting people’s identity terms and descriptive words</p>
<p>Number of participants</p>	<p>This activity can be done in pairs or in small groups of 3–4 participants.</p>

Duration	20–40 min
Materials for the activity	Six coloured Lego bricks for each participant, a large sheet of paper, chalkboard or whiteboard.
Suggestions for the post-activation debriefing	<p>Finish the activity by having a large group discussion using the guiding questions.</p> <ol style="list-style-type: none"> 1. What do you like most about getting to see other people’s towers? 2. How would you feel if someone tried to change your tower? 3. Did you learn anything new about anyone? 4. If you could add anything else to your tower, what would it be?
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